

SOUTH  
SHORE  
community church

GROWTH

*soul care*





## Living in the Light

- Spiritual Emphasis week – passion of youth; confessions; hole in the soul
- Darkness destroys relationships – it destroys our relationship with God and people. This is why John calls us to walk in the light.



## Living in the Light

- 1 John 1:5-7 "This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. If we claim to have fellowship with him yet walk in the darkness, we lie and do not live by the truth. But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son purifies us from all sin."



## Living in the Light

- Light is a powerful image. (sun – life giving) (light – illumines)
- Light is a life giving force that illuminates things for what they are. John tells us this is what God is like. No one can have a healthy soul or deep and healthy relationships if they live in the dark. (unwholesome talk)



## Living in the Light

- As we walk with God, the Holy Spirit shine light into three areas:
- First, the Holy Spirit shines light into our life to reveal our sins. 1 John 1:9, "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness." (Romans 8:1)



## Living in the Light

- First, the Holy Spirit shines light into our life to reveal our sins. 1 John 1:9
- One of the images used to describe our relationship with God is a 'walk'. Paul writes, "Since we live by the Spirit, let us keep in step with the Spirit" (Gal 5:25). (e.g., unwholesome talk)



## Living in the Light

- First, the Holy Spirit shines light into our life to reveal our sins. 1 John 1:9
- John uses the image of the river of life for the Holy Spirit. We are to dwell in the river. (padding to shore to check out sin – Holy Spirit calls)



## Living in the Light

- First, the Holy Spirit shines light into our life to reveal our sins. 1 John 1:9
- Galatians 6:7, “Do not be deceived: God cannot be mocked. A person reaps what they sow. The one who sows to please their sinful nature, from that nature will reap destruction.”





## Living in the Light

- Second, the Holy Spirit shines light into our life to reveal our secrets. Secrets destroy a healthy inner life. They rob our souls. Psalm 32, David writes, “Blessed are those whose transgressions are forgiven, whose sins are covered. Blessed are those whose sin the Lord does not count against them and in whose spirit is no deceit.



## Living in the Light

- Second, the Holy Spirit shines light into our life to reveal our secrets.

Psalm 32, David writes, "When I kept silent, my bones wasted away through my groaning all day long. For day and night your hand was heavy on me; my strength was sapped as in the heat of summer. Then I acknowledged my sin to you and did not cover up my iniquity.



## Living in the Light

- Second, the Holy Spirit shines light into our life to reveal our secrets. Psalm 32, David writes, “I said, ‘I will confess my transgressions to the Lord.’ And you forgave the guilt of my sin” (Ps 32:1-4). (secrets & physical problems; secrets & emotional problems; secrets & relational blocks – soul care confessions & spouses)



## Living in the Light

- Third, the Holy Spirit shines light into our life to increase our self-awareness. We will never rise above our level of self-awareness. We must be aware of our sin, and our brokenness, and how it effects us. (e.g., fear)
- Darkness destroys relationships. Walk in the light.